# 2023 SCSG GI SYMPOSIUM

# ABIM Updates in Maintenance of Certification (MOC)

Amar R. Deshpande, MD

### **Relevant Disclosures**

- I serve as Chair of the ABIM Gastroenterology Exam Approval Committee
  - Initial and traditional 10-year MOC exams



- Review the current data on ABIM GI board certification and re-certification
- Explain the new menu of options to maintain certification
- Discuss plans for a revised blueprint

## American Board of Internal Medicine (ABIM)

- Started in 1936 to create uniform standards in Internal Medicine (IM), now certifies ~25% of US physicians
- 1 of 24 members of American Board of Medical Specialties (ABMS)
- Physician-led, focused on <u>evaluation</u>
- Includes IM and 20 subspecialties (large overlap with ACGME)
  - For us, Gastroenterology and Transplant Hepatology
  - IBD, AE, Motility, etc are NOT ABIM-Boarded specialties

# Number of ABIM-Certified Physicians

Num	bers o	f Cer	tificate	es Issu	ed

	Total			s and US ories	All Countries (Non-US)		
Discipline	All Valid Certificates Certificates		All Certificates	Valid Certificates	All Certificates	Valid Certificates	
General Internal Medicine	329,225	224,898	297,790	215,665	6,704	2,524	
Gastroenterology	20,409	17,020	18,801	16,415	277	114	
Transplant Hepatology <sup>(1)</sup>	856	768	839	759	14	9	

### **GI** Pass Rates

#### Internal Medicine and Subspecialty Certification Examinations: 2018-2022 First-Time Taker Pass Rates<sup>(2)(3)</sup>

Key: # - Number of Physicians; % - Pass Rate

	20	18	20	19	202	2 <b>0</b> <sup>(8)</sup>	202	<b>21</b> <sup>(8)</sup>	20	22
Exam Area <sup>(4)</sup>	#	%	#	%	#	%	#	%	#	%
Internal Medicine	8697	91%	9033	91%	9019	93%	9506	88%	9868	87%
Gastroenterology	556	99%	558	<mark>97%</mark>	554	<mark>97%</mark>	624	96%	623	95%
Transplant Hepatology <sup>(7)</sup>	90	98%	-	-	101	100%	-	-	115	95%

#### ABIM Traditional Maintenance of Certification Examinations

#### 2018-2022 First-Time Takers with Valid Time-limited Certificates Pass Rates<sup>(2)(3)</sup>

Key: # - Number of Physicians; % - Pass Rate

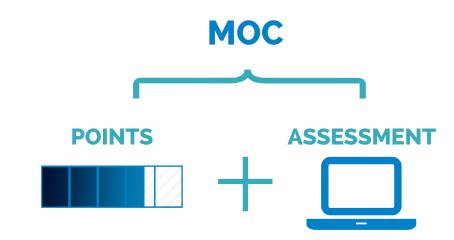
	20	18	20	19	202	2 <b>0</b> <sup>(8)</sup>	202	2 <b>1</b> <sup>(8)</sup>	20	22
Exam Area <sup>(4)</sup>	#	%	#	%	#	%	#	%	#	%
Internal Medicine	3186	93%	5125	95%	2879	95%	4627	95%	3697	94%
Gastroenterology	633	92%	446	<mark>91%</mark>	306	95%	481	94%	356	91%
Transplant Hepatology <sup>(7)</sup>	75	100%	3	*	42	100%	8	*	70	100%

### Need to Change Maintenance of Certification??

### 2015 AGA, ACG, ASGE, AASLD, ANMS, NASPGHAN:

- 1) Simpler
- 2) Alternative to 10-year exam
- 3) Open book given current practice
- 4) Lifelong learning not testing
- 5) Customized assessments based on practice profile

### Maintenance of Certification (MoC)



Engage every 2 years 100 points every 5 years

One test every 10 years LKA over 5 years

https://www.abim.org/maintenance-of-certification/earning-points includes many CME activities that provide MoC our Medicine Grand Rounds



### Home > Verify Physician Status

ODAY'S DATE
1ay 24, 2023
BIM ID
59748

CURRENT CERTIFICATION STATUS:

Gastroenterology: *Certified* Internal Medicine: *Certified* 

Participating in Maintenance of Certification: Yes

#### INITIAL CERTIFICATIONS:

Internal Medicine: 2005 Gastroenterology: 2008

### **MoC Points Options**

#### Many of our national meetings DDW: just AGA/ASGE PG courses

#### DO AN ABIM ANNUAL UPDATE

Do both modules to earn 20 MOC points each year.

Download modules

#### USE UpToDate® FOR MOC POINTS

Use your personal UpToDate credentials. Claim annually by 12/31.

Download step-by-step guide

#### GO TO SOCIETY MEETINGS

Ask your society if you can get MOC points.

Visit cmepassport.org

#### READ JOURNAL ARTICLES

Answer questions at the end of articles to earn journal-based CME.

Visit cmepassport.org

#### FIND A CME FOR MOC ACTIVITY

Browse cmepassport.org

#### EXPLORE QI/PI PROJECTS

Find or choose a QI/PI activity

### **MoC Assessment Options**

- Historically just a 10-year exam
- KCI ~2018–2021
  - Home option
  - 2-year cycle
  - Phased out in favor of LKA
    - For GI started in 2022
    - Not for TH

	KNOWLEDGE CHECK-IN (new 2-year assessment)	TRADITIONAL MOC EXAM (enhanced 10-year exam)
REQUIRED FREQUENCY	Every 2 years	Every 10 years
LOCATION	At home, workplace or test center	Test center only
AVAILABLE IN	Most specialties by 2020 <sup>1</sup> (See rollout chart for full details)	All subspecialties
ASSESSMENT EXPERIENCE (security)	Recorded & spot-checked (not live proctored)	Recorded with in-person proctoring
OPEN BOOK (access to UpToDate®)	Yes	Yes
IMMEDIATE RESULTS	Yes, within 3–4 weeks from the administration	No, within 3 months from the administration
SCHEDULING AVAILABLE	Assessment given 4–6 times a year	Assessment given twice a year
BREADTH OF DISCIPLINE	Yes <sup>2</sup>	Yes
POINTS	20 medical knowledge points for every assessment attempt	20 medical knowledge points for every assessment attempt
LENGTH	About 3 hours will be allotted	Same as current length (full day of testing)

## Longitudinal Knowledge Assessment (LKA)

- 5-year cycle
- Set of 30 questions every quarter
  - 600 questions over 5 years, need to answer 500
  - 4 minutes/question, use any resource (except a person)
  - Do the questions over the quarter at your own pace
  - Unopened questions expire each quarter
- Immediate feedback
  - Rationales/references to identify/address deficiencies
  - Feedback on performance relative to passing standard



- Need a much bigger question bank
- Need different kinds of questions
  - Already started changing with addition of UpToDate in 2018
- Reorganization of committees
  - Overall test committee split into Traditional and LKA
    - No longer write questions but rather review/edit them
  - Addition of Item Writer Task Force (IWTF)
    - Much larger pool of writers with training prior

# **LKA Key Features**



#### No appointment necessary!

Once enrolled, just sign in to your ABIM Physician Portal to access your LKA dashboard and answer questions.



Physicians can start engaging in the year in which their assessment is due



#### Four minutes per question, answer any place or time With a bank of 30 extra minutes you can use each year if you need more time.



Provides immediate feedback, rationales, references



Participation Requirement: 120 questions offered per year\* Open at least 500 out of 600 questions

over 5 years



Access any resources used in practice Except another person



Earn 0.2 MOC points for each correct answer



Performance Standard: Feedback relative to standard will be provided, and a final score calculated at conclusion of 5 year cycle

### **LKA Review**



30 questions released each quarter; earn 0.2 MOC points for each correct answer.

Open at least 500 out of 600 questions over 5 years to meet the Participation Requirement.

Answer questions at your pace, any place and time, and access any resource (except another person). Ongoing feedback including references and rationales.

Updated score report on a quarterly basis after first year to help identify areas for future study. Final pass/fail decision made at the end of your 5-year cycle.

Continue with the LKA or take the traditional, 10-year MOC exam to stay certified.

# LKA Eligibility

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#### **CERTIFIED PRE-1990**

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CI	LAPSED CERTIFICATE								

All board-certified physicians can start participating in the LKA in their assessment due year. (except those in a grace year). Can use the LKA to help meet MOC participation requirement in the assessment due year. The LKA can be used to regain certification; however, because a decision on performance is not made until the end of the 5<sup>th</sup> year of participation, a physician will be reported as "Not Certified" until that time.

### Switching Between Assessment Pathways

- Can switch from the LKA to 10-year assessment
- Each successful year of LKA participation extends the assessment due date by one year

### **ABIM GI Blueprint**

- ABIM does assessments not content
  - But need a blueprint of content to inform diplomates

CONTENT CATEGORY	Target %
Esophagus	12%
Stomach and Duodenum	15%
Liver	22%
Biliary Tract	10%
Pancreas	11%
Small Intestine	10%
Colon	20%
Total	100%

BILIARY TRACT continued (10% of exam)	Diagnosis	Testing	Treatment/ Care Decisions	Risk Assessment/ Prognosis/ Epidemiology	Pathophysiology/ Basic Science
DISEASES AND DISORDERS (8% of exam	n)				
Gallstone disease	$\bigcirc$	$\checkmark$	$\bigcirc$	$\bigcirc$	
Gallbladder diseases	$\bigcirc$	$\bigcirc$	$\bigcirc$		
Bile duct diseases	$\bigcirc$	$\bigcirc$	$\checkmark$		
Biliary infections	$\bigcirc$	$\checkmark$	$\bigcirc$		$\bigcirc$
Neoplasms of the biliary tract					
Benign	LF 🖉	$\checkmark$			$\mathbf{x}$
Malignant	$\bigcirc$	$\bigcirc$	$\bigcirc$		
Biliary motility and functional disorders		$\bigcirc$			$\bigotimes$

#### www.abim.org/Media/rdpjyium/gastroenterology.pdf

### **Blueprint Issues**

- Organ-based does not represent our practice
- Endoscopy not represented
  - Not just performance, but also peri-procedural considerations
- ABIM and major society agreement on need to reform

### **Current Blueprint Reform**

- Practice Profile survey performed to get a sense of what diplomates see/treat
- Blueprint restructure away from organs
  - Conform to best practices, make it conceptually easier, align with other subspecialties
- Create 2<sup>nd</sup> and 3<sup>rd</sup> levels that help the diplomate understand what is being tested and optimize the content map
- Work with societies collaboratively on final product



- Helpful resource
  - General requirements
  - Diplomate-specific details when you sign in

### THANK YOU