# 2023 SCSG GI SYMPOSIUM

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# Positioning therapies in IBD: The Art (and Science) of IBD!

Siddharth Singh, MD, MS Director, UCSD IBD Center Associate Professor of Medicine Division of Gastroenterology Division of Biomedical Informatics University of California San Diego La Jolla, California E: sis040@ucsd.edu

UC San Diego

### Conflict of Interest Disclosure (over the past 24 months)

Commercial	Relationship
Pfizer	Research support, ad-hoc grant review panel

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## **Three Take-Home Points**

- 1. We are moving from a TNF era, to a non-TNF era .... But should we?
- 2. The future is JAK'ed up .... if the JAKs can tone it down
- 3. Right drug, right patient, right time .... is there a road to Utopia?



## **Conceptual Model**



# Evolving Therapeutic Pipeline in IBD



Danese et al. Gastro. 2022.

### Comparative Efficacy and Positioning of Current Therapies for Management Of IBD

### Efficacy of Biologics in CROHN'S DISEASE Biologic-Naïve Patients



Ustekinumab versus adalimumab for induction and maintenance therapy in biologic-naive patients with moderately to severely active Crohn's disease: a multicentre, randomised, double-blind, parallel-group, phase 3b trial

Bruce E Sands, Peter M Irving, Timothy Hoops, James L Izanec, Long-Long Gao, Christopher Gasink, Andrew Greenspan, Matthieu Allez, Silvio Danese, Stephen B Hanauer, Vipul Jairath, Tanja Kuehbacher, James D Lewis, Edward V Loftus Jr, Emese Mihaly, Remo Panaccione, Ellen Scherl, Oksana B Shchukina, William J Sandborn, on behalf of the SEAVUE Study Group\*



Only **monotherapy** with ADA and UST

Sands et al. Lancet. 2022.



Singh, ..., Ma. Lancet Gastroenterol Hepatol. 2021.



#### Comparative Effectiveness of Biologics for Endoscopic Healing of the Ileum and Colon in Crohn's Disease

Neeraj Narula, MD, MPH, FRCPC<sup>1</sup>, Emily C.L. Wong, BHSc<sup>1</sup>, Parambir S. Dulai, MD<sup>2</sup>, John K. Marshall, MD, MSc, FRCPC<sup>1</sup>, Vipul Jairath, MD, PhD<sup>3</sup> and Walter Reinisch, MD, PhD<sup>4</sup>



Table 2. Endoscopic outcomes at 1 year among all participants				
Endoscopic healing at 1 yr among participants ( $n = 299$ )				
Treatment	Ν	Endoscopic healing at 1 yr, n (%)	P (pairwise) <sup>a</sup>	Р
Adalimumab	61	17/61 (27.9)	0.004	0.009
Infliximab	141	39/141 (27.7)	0.002	
Ustekinumab	41	7/41 (17.1)	0.128	
Vedolizumab	56	4/56 (7.1)	N/A	

#### Narula et al. Am J Gastroenterol. 2022.

## Two Key Factors Influence Safety:



Intrinsic systemic immune suppression potential of therapy (long-term risk of infections) ...

> And treatment effectiveness in controlling disease (short-term risk of infections)

### Safety of a treatment strategy >> safety of specific agent



Clinical Gastroenterology and Hepatology 2021;

# Comparative Risk of Serious Infections With Tumor Necrosis Factor $\alpha$ Antagonists vs Vedolizumab in Patients With Inflammatory Bowel Diseases

Siddharth Singh,<sup>\*,‡</sup> Herbert C. Heien,<sup>§</sup> Jeph Herrin,<sup>||</sup> Parambir S. Dulai,<sup>\*</sup> Lindsey Sangaralingham,<sup>§</sup> Nilay D. Shah,<sup>§,1</sup> and William J. Sandborn<sup>\*</sup>

Vedolizumab vs. TNFα antagonists (reference), adjusted HR (95% Cl)	All serious infections	Extra-intestinal serious infections	Gastrointestinal serious infections
All patients with IBD	0.79 (0.56-1.13)	0.81 (0.45-1.43)	1.82 (1.08-3.07)
IBD phenotype Crohn's disease Ulcerative colitis	1.30 (0.80-2.11) <b>0.54</b> (0.35-0.83)	1.43 (0.73-2.79) 0.41 (0.15-1.12)	<b>2.90</b> (1.21-6.94) 1.20 (0.57-2.53)

Vedolizumab is safer than TNFa antagonists in patients with UC ...

But no difference in risk of serious infections in patients with CD (and vedolizumab may be associated with higher-risk of disease-related infections in patients with CD)

### Risk of Serious Infections With Advanced Therapies for IBD Meta-Analysis of 20 Head-To-Head Studies

#### Ustekinumab vs. TNFα antagonists (5 cohorts; 23,232 patients)

- CD: 51% lower risk of serious infections with ustekinumab
- UC: Knowledge gap

Vedolizumab vs. TNFα antagonists (17 cohorts; 51,596 patients)

- **CD**: **No difference** in risk of serious infections (OR, 1.03)
- UC: 32% lower risk of serious infections with vedolizumab

Ustekinumab vs. vedolizumab (5 cohorts; 1,420 patients)

- CD: 60% lower risk of serious infections with ustekinumab
- UC: Knowledge gap

Safety profile of advanced therapies for IBD varies, and is influenced by treatment effectiveness and intrinsic immune suppression

## So, Should We Choose ...





### EFFECTIVENESS? VS. SAFETY?

### We should (almost) always choose an 'effective' drug over a 'safer' drug



#### **CLINICAL PRACTICE GUIDELINES**

AGA Clinical Practice Guidelines on the Medical Management of Moderate to Severe Luminal and Perianal Fistulizing Crohn's Disease Gastroenterology 2021;160:2496–2508

#### A. In adult outpatients with moderate to severe CD, who are *naïve to biologics* the AGA

Recommends the use of infliximab, adalimumab or ustekinumab\* over certolizumab pegol (Strong recommendation, moderate certainty of evidence)

Suggests the use of vedolizumab over certolizumab pegol (Conditional recommendation, low certainty of evidence)

B. In adult outpatients with moderate to severe CD, who have never responded to TNF $\alpha$  antagonists (primary non-response), the AGA

Recommends the use of ustekinumab\* (Strong recommendation, moderate certainty of evidence)

Suggests the use of vedolizumab (Conditional recommendation, low certainty of evidence)

C. In adult outpatients with moderate to severe CD, who have previously responded to infliximab (secondary non-response), the AGA

Recommends the use of adalimumab or ustekinumab\* (Strong recommendation, moderate certainty of evidence)

Feuerstein et al. Gastroenterology. 2021; Singh, et al. Gastroenterology. 2021.

\*Findings also likely extend to Risankizumab

### Efficacy Of Biologics in ULCERATIVE COLITIS Biologic-Naïve Patients

### Induction of Remission – First-Line Therapy





#### CLINICAL PRACTICE GUIDELINES

AGA Clinical Practice Guidelines on the Management of Moderate to Severe Ulcerative Colitis Gastroenterology 2020;158:1450–1461

# A. In adult outpatients with moderate to severe UC, who are *naïve to biologics* the AGA

Suggest use of infliximab or vedolizumab, rather than adalimumab

Conditional recommendation, moderate certainty of evidence

Comment: Patients, particularly those with less severe disease, who place higher value on the convenience of self-administered subcutaneous injection, and a lower value on the relative efficacy of medications, may reasonably chose adalimumab as an alternative

## B. In adult outpatients with moderate to severe UC, who have never responded to infliximab (primary non-response), the AGA

Suggest using ustekinumab or tofacitinib\*, rather than vedolizumab or adalimumab

Conditional recommendation, moderate certainty of evidence

Comment: Patients, particularly those with less severe disease, who place higher value on the potential safety of medications, and a lower value on the relative efficacy, may reasonably chose vedolizumab as an alternative

\*Based on FDA guidance, tofacitinib is not recommended as first-line immunosuppressive therapy in patients with ulcerative colitis

Feuerstein,..., Singh. Gastroenterology. 2020; Singh, Allegretti et al. Gastroenterology. 2020.



March 16, 2022

RINVOQ<sup>®</sup> (upadacitinib) Receives FDA Approval for the Treatment of Adults with Moderately to Severely Active Ulcerative Colitis



Vermeire et al. ECCO. 2021.

Efficacy and safety of biologics and small molecule drugs for patients with moderate-to-severe ulcerative colitis: a systematic review and network meta-analysis

Lancet Gastroenterol Hepatol 2022;7:161-70



2·70 (1·18-6·20) 4-49 6-15 2.84 4.91 2.92 3-56 3.00 4-64 2.70 9-54 Upadacitinib (1-28-6-31) (2.18-9.24) (2.98-12.72) (2.59-9.31) (1-31-6-51) (1-84-6-91) (1-32-6-82) (2.47-8.71) (1.18-6.20) (5-45-16-69 Ozanimod 1.65 3-01 2.27 1.05 1-81 1-07 1-31 1-10 1-71 0-93 3-52 (1.91-6.49) (1-59-5-67) (0-77-3-55) (1-05-4-89) (0.45-2.41) (0-91-3-60) (0-46-2-49) (0-65-2-67) (0-47-2-61) (0-87-3-37) (0-47-1-85) 2.91 0-97 Filgotinib 1-37 0.63 1-09 0-65 0.79 0.66 1-03 0.56 2.12 (0-60-1-77) (1-19-7-10) (0-39-2-39) 200 mg (0-71-2-62) (0.30-1.31) (0.67-1.89) (0-31-1-35) (0-44-1-41) (0.31 - 1.42)(0.32-0.97) (1.34 - 3.35)1-98 0-46 0.47 0.57 0-48 5.96 2.04 Filgotinib 079 075 0.41 1.54 (0.77-5-09) (0-66-6-33) 100 mg (0.22-0.99) (0-43-1-30) (0.23-0.71) (0.97-2.45) (2.35 - 15.14)(0-22-0-95) (0-45-1-39) (0-32-1-03) (0.22 - 1.03)1-01 1.04 0-51 Tofacitinib 1.72 1-02 1.25 1-05 1-63 0-89 3-05 3.35 (1-68-5-51) (0.55-1.86) (0-43-2-50) (0-20-1-27) (0.90 - 3.29)(0-45-2-30) (0-64-2-45) (0.46 - 2.41)(0.86 - 3.08)(0-46-1-69)(1.90-5.91) 1-56 1-61 0.78 1.54 Etrolizumab 0.61 0-94 0.51 4.71 0-59 0.72 1.94 (2-83-7-83) (0.92-2.66) (0.71-3.65) (0-33-1-86) (0.96-2.48) (0.31 - 1.14)(0-48-1-08) (0-31-1-21) (0.69 - 1.29)(0.36-0.72) (1-42-2-64) 1.18 0.57 0-86 3-26 3-45 1.14 1.13 073 Ustekinumab 1.22 1-02 1-59 (1-90-6-24) (0.62-2.11) (0-49-2-83) (0.64-1.99) (0-45-1-18) (0-83-3-02) (0-45-1-66) (1-83-5-79) (0-23-1-44) (0.62 - 2.39)(0.44-2.35) 4.71 1-56 1.61 0-79 1.54 1-00 1-36 Vedolizumab 0-84 1-30 0-71 2.67 (2.68-8.28) (0-87-2-81) (0-68-3-79) (0-32-1-93) (0.90-2.63) (0-64-1-55) (0-79-2-33) (0.41 - 1.68)(0.96-1.74) (0-45-1-10) (1.87-3.80) 4.52 1-50 1.54 0-75 1.48 0.95 1-31 0.95 Golimumab 1-54 0-84 3.17 (0-83-2-72) (0-86-2-55) (0.76-2.26) (0-65-3-65) (0-30-1-86) (0-61-1-51) (0-57-1-60) (0-43-1-65) (1.74-5.79) (2.55-8-01) (0.79-3.01) 1-85 1-56 5-41 1.79 0-90 1.77 1.14 1.15 1-19 Adalimumab 0.54 2-05 (0-82-4-15) (0-38-2-12) (0-98-2-48) (0-37-0-79) (1.54-2.73) (3-30-8-86) (1.07-3.01) (1-11-2-81) (0.88 - 1.49)(0-75-1-75) (0.77 - 1.84)0-46 0-90 0-58 0.58 0-60 0.51 Infliximab 3.76 2.75 0.91 0-94 0-79 (1-66-4-55) (0.54-1.54) (0-41-2-14) (0-19-1-09) (0.56-1.44) (0-43-0-78) (0-49-1-27) (0-37-0-91) (0-39-0-95) (0.37-0.69) (2.77-5.12) 2.74 2.82 1-38 2.71 1.74 1.74 1.74 1-82 1.52 3.00 Placebo 8.23 (1.72-4.34) (1-30-6-12) (0-60-3-14) (1-81-4-02) (1-22-2-49) (5-32-12-75) (1-34-2-26) (1.34-2.26) (1.25 - 2.63)(1-21-1-92) (2-33-3-82) Endoscopic improvement



Lasa, Olivera et al. Lancet Gastroenterol Hepatol. 2022.



#### Upadacitinib Induction and Maintenance Therapy for Crohn's Disease

E.V. Loftus, Jr., J. Panés, A.P. Lacerda, L. Peyrin-Biroulet, G. D'Haens, R. Panaccione, W. Reinisch, E. Louis, M. Chen, H. Nakase, J. Begun, B.S. Boland, C. Phillips, M.-E.F. Mohamed, J. Liu, Z. Geng, T. Feng, E. Dubcenco, and J.-F. Colombel

#### Clinical remission

#### Endoscopic response



#### May 18, 2023

U.S. FDA Approves RINVOQ® (upadacitinib) as a Once-Daily Pill for Moderately to Severely Active Crohn's Disease in Adults

Loftus et al. New Engl J Med. 2023.

Efficacy of biological therapies and small molecules in induction and maintenance of remission in luminal Crohn's disease: systematic review and network meta-analysis

Brigida Barberio,<sup>1</sup> David J Gracie,<sup>2</sup> Christopher J Black <sup>(i)</sup>, <sup>2</sup> Alexander C Ford <sup>(i)</sup>, <sup>2,3</sup>



#### **Biologic-naïve patients**



Disarkinumah 600r

#### **Biologic-exposed patients**

Lasa, Olivera et al. Lancet Gastroenterol Hepatol. 2022.



### Cardiovascular and Cancer Risk with Tofacitinib in Rheumatoid Arthritis

The NEW ENGLAND JOURNAL of MEDICINE

#### A Hazard Ratio for MACE

Comparison Hazard Ratio (95% CI)		
Tofacitinib, 5 mg twice daily, vs. TNF inhibitor	· · · · · · · · · · · · · · · · · · ·	1.24 (0.81-1.91)
Tofacitinib, 10 mg twice daily, vs. TNF inhibitor	<b>↓</b>	1.43 (0.94-2.18)
Combined tofacitinib doses vs. TNF inhibitor	······································	1.33 (0.91-1.94)
Tofacitinib, 10 mg twice daily, vs. tofacitinib, 5 mg twice daily	F <b>−−</b> −−−1	1.15 (0.77–1.71)
0.0	0.5 1.0 1.5 2.0 2.5 3.0 3.5 4.0	4.5
A Hazard Ratio for Cancers, Excluding NMSC		
Comparison	Hazard Ratio (95% CI)	
Tofacitinib, 5 mg twice daily, vs. TNF inhibitor	•	1.47 (1.00-2.18)
Tofacitinib, 10 mg twice daily, vs. TNF inhibitor	• •	1.48 (1.00-2.19)

Combined tofacitinib doses vs. TNF inhibitor Tofacitinib, 10 mg twice daily, vs. tofacitinib, 5 mg twice daily

• • •	
• •	

1.48 (1.04-2.09) 1.00 (0.70-1.43)

0.5 1.0 1.5 2.0 2.5 3.0 3.5 4.0 4.5 0.0

Event (vs. TNF	Tofacitinib	Tofacitinib
antagonist)	5mg BID	10mg BID
Serious infections	1.17 (0.92–1.50)	1.48 (1.17–1.87)
Opportunistic	1.82	2.17
infections	(1.07–3.09)	(1.29–3.66)
Hepatic event	1.29 (0.83–2.00)	2.14 (1.43–3.21)
Non-melanoma skin cancer	1.90 (1.04–3.47)	2.16 (1.19–3.92)
Pulmonary	2.93	8.26
embolism	(0.79–10.83)	(2.49–27.43)
Venous	1.66	3.52
thromboembolism	(0.76–3.63)	(1.74–7.12)
Death	1.49 (0.81–2.74)	2.37 (1.34–4.18)

Ytterberg et al. N Engl J Med. 2022.





### FDA requires warnings about increased risk of serious heartrelated events, cancer, blood clots, and death for JAK inhibitors that treat certain chronic inflammatory conditions

Approved uses also being limited to certain patients

"... we are limiting all approved uses of JAK inhibitors (tofacitinib, upadacitinib, baricitinib) to certain patients who have not responded or cannot tolerate one or more TNF blockers"

### Moderate to Severely Active CROHN'S DISEASE



Singh. Nat Rev Gastroenterol Hepatol. 2023.

### Moderate to Severely Active ULCERATIVE COLITIS



Singh. Nat Rev Gastroenterol Hepatol. 2023.

## Right Drug, Right Patient, Right Time ....

### The Road to Utopia

THE ISLE

### IBD Matchmaking (Rational Combination Therapy) Works



Combination therapy Golimumab monotherapy Guselkumab monotherapy

Feng et al. Biomed Pharmacother. 2023; Feagan et al. Lancet Gastroenterol Hepatol. 2023.

## Predictive and Prognostic Biomarkers in IBD



Verstockt et al. Gastroenterology. 2021.

## What Determines Response to a Therapy?

### What LIKELY determines response?



#### What we know now that associates with response?

- Clinical phenotype
- Pharmacological factors

FAVORABLE factors	UNFAVORABLE factors
Younger age at initiation	Complicated disease phenotype (perianal disease, fistulizing disease)
Early clinical and/or endoscopic response to therapy	Severe disease activity at time of induction
No prior exposure to anti-TNF therapy	High inflammatory burden (high CRP, low albumin)
Concomitant immunomodulator use	Deep and/or extensive ulcers
Colonic disease location (vs. ileum-dominant disease)	Low trough concentrations, and presence of anti-drug antibodies
	High BMI

### News Release

Prometheus Biosciences Announces Positive Results for PRA023 <sup>3/23, 7:37</sup> Ph Both ARTEMIS-UC Phase 2 and APOLCOCOPHASE 2 Studies Enabling Pathway to Both First-in-Class and Best-in-Class Anti-TL1A mAb



Evaluate Vantage<sup>7</sup> December 07, 2022

#### Precision pays off for Prometheus



Press release by Prometheus Biosciences.





Raine and Danese. Gastroenterology. 2022.

## **Three Take-Home Points**

- 1. TNFa antagonists still the best option for CD and severe UC
- 2. JAK1 inhibitors are potentially game-changing oral therapies for UC
- The road to Utopia is long till then, mass personalization based on comparative efficacy and safety is better than playing the lottery